



# **WEALTH VESSEL EXPANSION**

**WEEK 1  
MANUAL**

# **INSTRUCTIONS**

You may print out this manual or open it in your computer/smart phone/tablet/Ipad to document your realisations at the end of this booklet.

Go through the concepts and action steps in this manual before listening the the Wealth Vessel Expansion Tracks for each week. It is also recommended that you select a day to begin with, for instance Sunday.

This is so you can keep track that your Week 1 will begin on Sunday and conclude on the following Saturday, and you may commence Week 2 on the following Sunday.

If you have any questions, feel free to write to me at [becky@fortunamoneyprayers.com](mailto:becky@fortunamoneyprayers.com)

All the love, all the wealth.

# Your Beliefs About Money

Growing up as a child, we have been taught many beliefs about money. In general, most of the beliefs are negative and they do not serve us.

It could come from our parents, grandparents, teachers, peers etc...

Negative Money beliefs eventually take a toll on an individual's financial health, thus when one graduates and begins working in a job or starting out in a free lance work/business, they find it extremely hard to make money, grow their income and wealth.

Worst, they end up in debt and begin accumulate more debts in time, making life harder and increasingly unpleasant.

Some of the more common negative money beliefs include...

- Money don't grow on trees.
- Money is hard to come by.
- Rich people are evil
- The root of money is evil.
- Money is filthy and dirty.
- Money goes out faster than it comes in.
- The cost of living is so high it is impossible to keep up
- Money is in short supply
- Poor people are "clean"
- There is a limit to how much I can earn
- I need lots of money first to make more money

And the list GOES ON.

While some of these beliefs are 'real life experiences' of our elders who have went through the great depression or some

unfortunate events, it does not mean we have to go through the same thing.

If you truly want to become WEALTHY, you need to remove these negative beliefs because they DO NOT BELONG TO YOU!

Let me repeat, they DO NOT BELONG TO YOU!

The positive money beliefs BELONG TO YOU!

This week, you will learn how to **release the negative money beliefs** which have been hoarding, haunting and affecting your financial life.

By doing so, you would have free-ed up more space for your wealth vessel to EXPAND in order to amplify your wealth in the shortest time possible!

For optimal results, after every session or every day, begin to document your realisations. Why? Because the more you write it down, the greater you create a lasting positive impact! Don't just make a mental note, write it down!

Years from now you will thank yourself!

(As a bonus, I have included a subliminal POWERFUL money beliefs mp3 (Worth \$77) in the download section which will help your mind to download ALL the positive supporting beliefs that will aid you towards your financial freedom)

*All the love, all the wealth!*  
Becky Grey

## Week 1 Day 1

**Negative \$\$\$ Beliefs that came to mind:**

:

**Negative \$\$\$ Beliefs that I choose to dissolve:**

:

**Realizations:**

:

**Others:**

:

## Week 1 Day 2

**Negative \$\$\$ Beliefs that came to mind:**

:

**Negative \$\$\$ Beliefs that I choose to dissolve:**

:

**Realizations:**

:

**Others:**

:

## Week 1 Day 3

**Negative \$\$\$ Beliefs that came to mind:**

:

**Negative \$\$\$ Beliefs that I choose to dissolve:**

:

**Realizations:**

:

**Others:**

:

## Week 1 Day 4

**Negative \$\$\$ Beliefs that came to mind:**

:

**Negative \$\$\$ Beliefs that I choose to dissolve:**

:

**Realizations:**

:

**Others:**

:



## Week 1 Day 5

**Negative \$\$\$ Beliefs that came to mind:**

:

**Negative \$\$\$ Beliefs that I choose to dissolve:**

:

**Realizations:**

:

**Others:**

:

## Week 1 Day 6

**Negative \$\$\$ Beliefs that came to mind:**

:

**Negative \$\$\$ Beliefs that I choose to dissolve:**

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**Realizations:**

:

**Others:**

:

## Week 1 Day 7

**Negative \$\$\$ Beliefs that came to mind:**

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**Negative \$\$\$ Beliefs that I choose to dissolve:**

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**Realizations:**

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**Others:**

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